

The Haberdashers' Aske's Boys' Pre-Prep School

Menu 21st June 2021

	Monday	Tuesday	Wednesday	Thursday	Friday
Crudités of the day	Mixed vegetable crudites	Mixed vegetable crudites	Mixed vegetable crudites	Mixed vegetable crudites	Mixed vegetable crudites
Main course	Butcher's pork or chicken sausages with light gravy	Traditional beef lasagne	Roast chicken with light gravy	Mild chicken and vegetable tortilla wrap	Fish fingers with lemon and tartare sauce
Vegetarian / Vegan main	Quorn sausage with light gravy	Aubergine, pepper & courgette lasagne	Butternut squash, spinach and cream cheese parcel with light gravy	Sweet potato & bean stew	Vegetable fingers with lemon and tartare sauce
Sides	Mashed potato Steamed mixed vegetables	Garlic bread Spring green vegetables	New potatoes Steamed mixed vegetables	Braised rice Spring green vegetables	Chunky chips Mushy peas / Garden peas
Simple salads	Cucumber, sweetcorn, tomato, grated carrot and seasonal leaves	Cucumber, sweetcorn, tomato, grated carrot and seasonal leaves	Cucumber, sweetcorn, tomato, grated carrot and seasonal leaves	Cucumber, sweetcorn, tomato, grated carrot and seasonal leaves	Cucumber, sweetcorn, tomato, grated carrot and seasonal leaves
Simple jacket	Jacket / Sweet potato with baked bean and grated cheddar cheese	Pasta 50 / 50 with simple tomato sauce and grated cheddar cheese	Jacket / Sweet potato with baked bean and grated cheddar cheese	Pasta 50 / 50 with simple tomato sauce and grated cheddar cheese	Jacket / Sweet potato with baked bean and grated cheddar cheese
Daily dessert	Daily fresh fruit pot Fresh whole fruit	Daily fresh fruit pot Fresh whole fruit	Daily fresh fruit pot Fresh whole fruit	Daily fresh fruit pot Fresh whole fruit	Daily fresh fruit pot Fresh whole fruit
Fruit & yoghurt	Greek yoghurt and fruit topping	Greek yoghurt and fruit topping	Greek yoghurt and fruit topping	Greek yoghurt and fruit topping	Greek yoghurt and fruit topping