



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Plain cheese	Plain cheese	Plain cheese	Plain cheese	Plain cheese
CORE RANGE	Simple tuna mayo	Simple tuna mayo	Simple tuna mayo	Simple tuna mayo	Simple tuna mayo
	Roast chicken	Roast chicken	Roast chicken	Roast chicken	Roast chicken
DAILY SPECIAL	British ham, salad and grain mustard mayo	Chicken caesar and cos lettuce	Mixed bean, avocado and chilli	Line caught tuna and sweet chilli crunch	Coronation chicken and baby spinach
CRUDITIES	Cucumber and mixed peppers with hummus	Carrot and celery with chive sour cream	Cucumber and mixed peppers with hummus	Carrot and celery with chive sour cream	Cucumber and mixed peppers with hummus
SIMPLE SIDE SALAD / PROTIEN	Simple leaf / boiled egg / coleslaw	Simple leaf / boiled egg / coleslaw	Simple leaf / boiled egg / coleslaw	Simple leaf / boiled egg / coleslaw	Simple leaf / boiled egg / coleslaw
SHAKE A SALAD	Mixed salad with egg noodle, chicken and oriental dressing	Mixed salad with harissa chickpea, lentil and mint yoghurt	Mixed salad with chicken mediterranean olive and balsamic	Mixed salad with baked tofu, avocado and tangy dressing	Mixed salad with crispy bacon, sun blush tomato and vinaigrette
BOXED SALAD	Greek salad and crumbled feta	Classic Niçoise tuna salad	Mexican taco bowl	Chargrilled chicken Caesar salad	Thai rice noodle salad
PASTA SALAD	Pasta and basil pesto	Pasta and balsamic glaze	Pasta and roasted tomato	Pasta and creamy herb	Pasta and olive tapenade
DESSERT POT	Apple and oat crumble	Banoffee pie	Strawberry cheesecake	Classic tiramisu	Brownie sundae
YOGHURT	Strawberry yoghurt	Apricot yoghurt	Blueberry yoghurt	Mango yoghurt	Raspberry yoghurt
FRUIT	Honeydew melon pot	Mixed grape pot	Pineapple pot	Watermelon pot	Mixed fruit pot
JELLY	Raspberry jelly	Orange jelly	Strawberry jelly	Lime jelly	Blackcurrant jelly